# Student Health Advisory Committee (SHAC)

# **Stony Brook University**

Tuesday, October 19, 2021 4:30 pm - 5:30 pm - Zoom Call

# Meeting called to order at 4:30pm

### Attendance Taken:

- o Kerri Mahoney (Assistant Director of Center for Prevention & Outreach)
- o Julian Pessier (Director of Counseling & Psychological Services)
- o Smita Majumdar Das (Director of Center for Prevention & Outreach)
- o Marisa Bisiani (AVP of Student Health, Wellness & Prevention Services)
- o Tiffany Martin (Coordinator for Student Health Wellness & Prevention Services)
- o Christine Wang
- Cindy Leung (LGBTQ)
- Dylan Rehman (CSA)
- Fareha Ahmed (LGBTQ)
- Ishan Dhar (Self chosen)
- Jennifer Sherpa (Residential Hall Council)
- o Juliana Hise (SHAC Intern)
- Krisia Romano (CPO)
- o Navya Malapanagudi (Self chosen)
- Shayna Gruder (CPO)

Welcome: Kerri welcomed everyone.

- Introductions of all professional staff and students
- Explanation of SHAC and reiteration of the mission statement
- Reviewed tonight's agenda items which are attached to these minutes. Tonight will be a focus overview of each department (CAPS, CPO, SHS) and a vote on broad based fees.

# Student Health Services Update (Dr. Marisa Bisiani):

• SHS building under massive renovation, One meaningful purpose is to match "Quality environment to match quality of care"

- Renovation not only included cosmetic upgrades, but also reconfiguration of spaces to provide a better service to students and more efficiency for staff
- Phase I (first floor- Student Health) started in August 2021. Phase II (2nd floor-CAPS) will be completed by the start of the spring 2022 semester.
- Phase I renovations included:
- A new lobby/waiting area, warm and inviting, featuring a fireplace
- New front desk area
- All-gender restrooms
- A new pharmacy and lab facilities
- Renovated restrooms
- New nurse triage area
- Nurses station, which includes a computer system that tracks progress of patients at the facility in real time
- During this renovation, both Student Health Services and CAPS were available to serve students for their medical or mental health needs. Staff provided services from other campus locations and virtually.
- Our goal is to ensure the facility matches the high quality of professional care that our students receive
- Broad Based Fees:
  - Counseling and Health fee supports CPO, CAPS, and SHS
  - Care Team: made up of counselors, psychiatry, UPD overview "cases of concern" and required to have consultations
  - Fall Broad Based fees did not increase from spring, however the Counseling and Health fee is increasing \$6 (2.8%) for Spring 2022
  - Pie Chart of Spending
    - 48% Personnel
    - 29% Fringe
    - 11% Overhead
    - 6% Supplies and Pharmaceuticals
    - 5% Equipment and Contractual Services
    - 2% Student Employment
    - 1% University Services

# **Questions for SHS:**

Q: What does fringe entail?

A: Benefits, Taxes and Surcharges that the State puts on State Employees

# Vote for Health and Wellness Budget:

Motion to Approve H&W Budget and Second was present with no opposition

- Budget was Approved

### CAPS Update (Dr. Julian Pessier):

- Developing hybrid model to include in person and telecounseling services
- Developing ways of making appointments and reaching out as easy and accessible as possible
- Expanding groups
- Expanding services. Weekly on site counselor at Southampton campus

# CPO Update (Dr. Smita Majumdar Das ):

- Explanation of ongoing and upcoming programs, including survivor resources, suicide prevention.
- "Shed the meds" prescription medicine take back this upcoming week.
- Relationship abuse resources along with others
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# Updates for Future Meetings:

- Urge to reach out to any groups or organizations that should be present at these meetings
- Open ability to add items to the agenda
- Meetings are on second Tuesday of the month
- Once a semester offer dinner for members of SHAC, decided for next meeting, November 9th (Will be a hybrid meeting for those who cannot attend)

#### Meeting adjourned at 5:14 PM